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Monday

Chicken in Tomato and Basil sauce.
Syrup Sponge and Custard.
Tuna, Sweetcorn and Mayo Sandwich, Strawberry Swiss roll.

Tuesday

Cottage Pie.
Chocolate Brownie with Custard.
Egg, Cress and Mayo Sandwich, Iced cup cake .

Wednesday

Sausage Casserole.
Rice Pudding and Jam .
Cheese and Pickle Sandwich, Jam Scone.

Thursday

Roast Pork Loin, New Potatoes and Stuffing.
Banoffee Gateaux and Cream.
Ham and Cream Cheese Sandwich, Chocolate Swiss Roll.

Friday

Breaded Fish, Mash Potato, and Beans.
Trifle .
Cheese and Red Onion Sandwich, Jam Tart.

Saturday

Beef and Vegetables Hot Pot.
Chocolate Gateaux with Cream.
Egg, Bacon and Mayo Sandwich ,Bakewell Tart.

Sunday

Roast Gammon with Apple Sauce.
Apple and Cinnamon Crumble with Custard.
Coronation Chicken Sandwich, Fairy Cake.

How do I pay for my Meals.

Monthly Invoice, which is payable by the 10th of the month.
Weekly Payment direct to the driver
Standing order.
Please contact the office if you wish to change your payment method

Premier Meals is a Family run Meals on Wheels service ,delivering hot or cold traditional home cooked meals made with seasonal ingredients, prepared on the morning of delivery by our qualified chefs.

We have been providing meals on wheels to the local community in Fareham and Gosport area since 1997. We work closely with local suppliers, support organizations and Care professional 's to ensure we really can offer more than just a meal to every customer.



Our dedicated Home Help team offer the following services.

*Shopping / Domestic tasks / Spring Clean
Garden maintenance / Companionship service,
Laundry, and Financial Help
Please call for more information*

*Tel and Fax 01329 285566
Mobile 07540687085*

*vickypremiermeals@hotmail.co.uk,
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Monday

Chicken Hot Pot.
Orange Bread and Butter Pudding with Custard.
Tuna, Sweetcorn and Mayo Sandwich, Strawberry Swiss roll.

Tuesday

Lasagna.
Lemon Sponge and Custard
Egg, Cress and Mayo Sandwich, Iced cup cake .

Wednesday

Farmhouse Pork Pie.
Mandarin and Coffee Gateaux with Cream.
Cheese and Pickle Sandwich, Jam Scone.

Thursday

Shepherd's Pie.
Fruit and Jelly.
Ham and Cream Cheese Sandwich, Chocolate Swiss Roll.

Friday

Fish in Parsley Sauce .
Summer Fruit Crumble with Custard.
Cheese and Red Onion Sandwich, Jam Tart.

Saturday

Gammon, Pineapple, Jacket potato Cheese and Beans.
Blackforest Gateaux with Cream.
Egg, Bacon and Mayo Sandwich, Bakewell Tart.

Sunday

Roast Turkey, with Sage and Onion Stuffing.
Apple Pie with Custard.
Coronation Chicken Sandwich, Fairy Cake.

Monday

Minted Lamb Hotpot.
Pineapple Upside Down Cake with Custard.
Tuna, Sweetcorn and Mayo Sandwich, Strawberry Swiss roll.

Tuesday

Quiche, Cheesy Mash Potato and Beans.
Honey and Coconut Sponge with Custard.
Egg, Cress and Mayo Sandwich, Iced cup cake.

Wednesday

Chicken Roast.
Strawberry Delight.
Cheese and Pickle Sandwich, Jam Scone.

Thursday

Sausage, Mash Potato and Onion Gravy.
Peach Crumble with Custard.
Ham and Cream Cheese Sandwich, Chocolate Swiss Roll.

Friday

Breaded Fish, Chips and Peas.
Mandarin's and Jelly.
Cheese and Red Onion Sandwich, Jam Tart.

Saturday

Chicken and Asparagus Pie.
Strawberry Gateaux and Cream.
Egg, Bacon and Mayo Sandwich ,Bakewell Tart.

Sunday

Roast Beef, and Yorkshire Pudding.
Chocolate Bread and Butter Pudding with Custard.
Coronation Chicken Sandwich, Fairy Cake.

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Alternatives

Main Meals Sliced Meats and Roast Potatoes (1) Fish, Chips and Beans (2) Sausage, and Mash Potato (3) Chicken and Mushroom Curry with Rice(4)
Jacket Potato with Cheese and Beans(5) Salad (6) Brunch (7) Chilli Con Carne with Rice (8)

Desserts Sponge and Custard (1) Yoghurt (2)

Evening teas White Sandwich ,Brown Sandwich Tea Salad Chocolate Biscuit (1) Crisps (2)